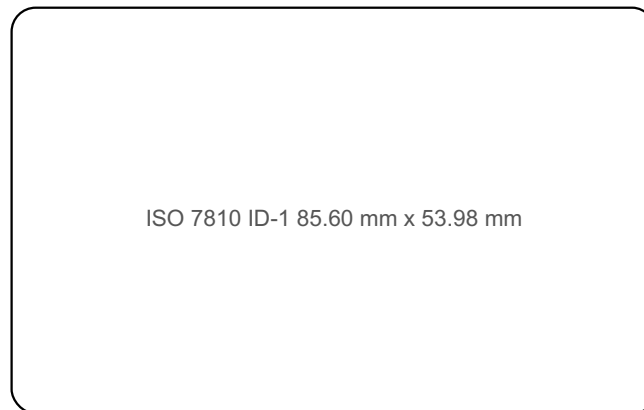


Professional Ring-Sizing Chart

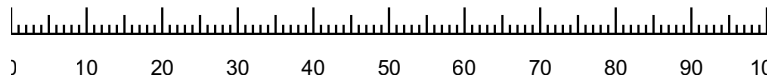
Master Jeweler Accuracy — Measured to ISO 8653 and GIA standards.

Calibration

Before using this chart, verify your print scale. Place any standard credit card on the outline below — the edges must align exactly. If they do not, re-print at **100% / Actual Size**. Do not use “Fit to Page.”



ISO 7810 ID-1 reference: 85.60 mm × 53.98 mm



100 mm ruler — confirm end-to-end measures exactly 100 mm.

Three Ways to Measure

- Existing-ring overlay:** Place a ring you already wear on the circles (pages 2–3) until one matches the inside edge.
- String or paper wrap:** Wrap a thin strip around your finger at the base, mark the overlap, measure the length in millimeters, and divide by π (3.14159) to get diameter.
- International conversion:** If you know your UK, EU, Japanese, Brazilian, Mexican, Chinese, or Indian size, the table on page 4 maps it to US + mm.

Navigate: Women’s chart (p. 2, sizes 3.00 – 10.00 in quarter increments) · Men’s chart (p. 3, sizes 6.0 – 15.0 in half increments)
· International conversion & methods (p. 4).

Women's Ring Sizes

Sizes US 3.00 to 10.00 in 0.25 (quarter) increments — 29 circles total. Each label shows the US size and inside diameter in millimeters. Lay your ring flat; the inside of the ring should exactly match the inside of the circle.

US 3 14.07 mm	US 3.25 14.27 mm	US 3.5 14.48 mm	US 3.75 14.68 mm
US 4 14.88 mm	US 4.25 15.09 mm	US 4.5 15.29 mm	US 4.75 15.49 mm
US 5 15.70 mm	US 5.25 15.90 mm	US 5.5 16.10 mm	US 5.75 16.31 mm
US 6 16.51 mm	US 6.25 16.71 mm	US 6.5 16.92 mm	US 6.75 17.12 mm
US 7 17.32 mm	US 7.25 17.53 mm	US 7.5 17.73 mm	US 7.75 17.93 mm
US 8 18.14 mm	US 8.25 18.34 mm	US 8.5 18.54 mm	US 8.75 18.75 mm
US 9 18.95 mm	US 9.25 19.15 mm	US 9.5 19.35 mm	US 9.75 19.56 mm
US 10 19.76 mm			

Men's Ring Sizes

Sizes US 6.0 to 15.0 in 0.5 (half) increments — 19 circles total. Each label shows the US size and inside diameter in millimeters. For wide Cuban-link or signet bands, see the sizing tips on page 4.

US 6 16.51 mm	US 6.5 16.92 mm	US 7 17.32 mm	US 7.5 17.73 mm
US 8 18.14 mm	US 8.5 18.54 mm	US 9 18.95 mm	US 9.5 19.35 mm
US 10 19.76 mm	US 10.5 20.17 mm	US 11 20.57 mm	US 11.5 20.98 mm
US 12 21.38 mm	US 12.5 21.79 mm	US 13 22.19 mm	US 13.5 22.60 mm
US 14 23.01 mm	US 14.5 23.42 mm	US 15 23.82 mm	

International Size Conversion

Full 45-row cross-reference verified to GIA and ISO 8653 standards. Use this table to convert from any regional sizing system.

US	mm Ø	mm circ.	UK	EU (ISO)	Japan	Brazil	Mexico	China	India
3	14.07	44.2	F	44.2	4	7	4	7	4
3.25	14.27	44.8	F½	44.8	5	7.5	4.5	7.5	4.5
3.5	14.48	45.5	G	45.5	5	8	5	8	5
3.75	14.68	46.1	G½	46.1	6	8.5	5.5	8.5	5.5
4	14.88	46.8	H	46.8	7	9	6	9	6
4.25	15.09	47.4	H½	47.4	7	9.5	6.5	9.5	6.5
4.5	15.29	48.0	I	48.0	8	10	7	10	7
4.75	15.49	48.7	I½	48.7	8	10.5	7.5	10.5	7.5
5	15.70	49.3	J½	49.3	9	11	8	11	8
5.25	15.90	49.9	K	49.9	9	11.5	8.5	11.5	8.5
5.5	16.10	50.6	K½	50.6	10	12	9	12	9
5.75	16.31	51.2	L	51.2	11	12.5	9.5	12.5	9.5
6	16.51	51.9	L½	51.9	12	13	10	13	10
6.25	16.71	52.5	M	52.5	12	13.5	10.5	13.5	10.5
6.5	16.92	53.1	M½	53.1	13	14	11	14	11
6.75	17.12	53.8	N	53.8	13	14.5	11.5	14.5	11.5
7	17.32	54.4	N½	54.4	14	15	12	15	12
7.25	17.53	55.0	O	55.0	14	15.5	12.5	15.5	12.5
7.5	17.73	55.7	O½	55.7	15	16	13	16	13
7.75	17.93	56.3	P	56.3	15	16.5	13.5	16.5	13.5
8	18.14	57.0	P½	57.0	16	17	14	17	14
8.25	18.34	57.6	Q	57.6	16	17.5	14.5	17.5	14.5
8.5	18.54	58.3	Q½	58.3	17	18	15	18	15
8.75	18.75	58.9	R	58.9	17	18.5	15.5	18.5	15.5
9	18.95	59.5	R½	59.5	18	19	16	19	16
9.25	19.15	60.2	S	60.2	18	19.5	16.5	19.5	16.5
9.5	19.35	60.8	S½	60.8	19	20	17	20	17
9.75	19.56	61.5	T	61.5	20	20.5	17.5	20.5	17.5
10	19.76	62.1	T½	62.1	21	21	18	21	18
10.25	19.96	62.7	U	62.7	21	21.5	18.5	21.5	18.5
10.5	20.17	63.4	U½	63.4	22	22	19	22	19
10.75	20.37	64.0	V	64.0	22	22.5	19.5	22.5	19.5
11	20.57	64.6	V½	64.6	23	23	20	23	20
11.25	20.77	65.3	W	65.3	23	23.5	20.5	23.5	20.5
11.5	20.98	65.9	W½	65.9	24	24	21	24	21
11.75	21.18	66.5	X	66.5	24	24.5	21.5	24.5	21.5
12	21.38	67.2	X½	67.2	25	25	22	25	22
12.25	21.58	67.8	Y	67.8	25	25.5	22.5	25.5	—
12.5	21.79	68.4	Z	68.4	26	26	23	26	—
12.75	21.99	69.1	Z½	69.1	26	26.5	23.5	26.5	—
13	22.19	69.7	Z+1	69.7	27	27	24	27	—
13.25	22.40	70.4	Z+1½	70.4	27	27.5	24.5	27.5	—
13.5	22.60	71.0	Z+2	71.0	28	28	25	28	—
13.75	22.80	71.6	Z+2½	71.6	28	28.5	25.5	28.5	—
14	23.01	72.3	Z+3	72.3	29	29	26	29	—

String / Paper Wrap Method

1. Cut a thin strip of paper (or a length of non-stretch string) roughly 100 mm long.
2. Wrap it snugly — not tight — around the base of the finger you want sized.
3. Mark the point where the strip overlaps itself, then lay it flat and measure the marked length in millimeters.
4. Divide the millimeter length by 3.14159 (π) to get your inside diameter. Match that number to the chart on page 2 or 3.

Existing-Ring Overlay

1. Choose a ring you already wear comfortably on the intended finger.
2. Place it flat on the circles (pages 2 or 3). The inside of your ring must align with the inside of the circle — not the outside edge.

Master Jeweler Sizing Tips

Wide bands (Cuban link, 6 mm+): Size up 0.5 to account for band thickness. **Signet rings (flat tops 8 mm+):** Size down 0.25 — the wider crown adds effective volume on the finger. **Temperature:** Measure in mid-morning for best accuracy. Fingers swell in heat and after salty meals.



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